

- DRINK MENU -

Hot: 12oz, 16oz, 20oz

Iced or Blended: 16oz, 24oz, 32oz

updated prices in store

Fresh Brewed Coffee

Hot or Iced / Dark / Medium / Flavor

Tea, Stash (we also carry TeBella tea)

Hot or Iced / Green / Black / Herbal

Chai Latte

Hot, Iced or Blended / Spiced / Vanilla

Matcha Latte or Matcha Tea

Hot, Iced or Blended

Hot or Frozen Cocoa

Hot or Blended / Regular / White / Mexican

Italian Sodas

Customized or Choose a House Favorite: Summer Sensation: Strawberry Banana

Lemon Drop: Vanilla & Lemonade

Blushing Mango - Pomegranate & Mango

Blackberry Lime Ricky - Blackberry & Lime

Raspberry Sensation - Raspberry & Cream

Watermelon Cooler - Watermelon & Lemonade

Berry Blast - Raspberry & Blackberry

Tropical Breeze - Banana, Coconut & Pineapple

**RED BULL
ITALIAN SODAS**

**OR TRY AN ALL NATURAL
LOTUS ENERGY DRINK
INSTEAD**



TEBELLA TEA

FRUIT

SMOOTHIES

Mandarin & Passion Fruit
Mango, Lemonade,
Peach, Piña Colada,
Raspberry, Strawberry,
Very Berry, Strawberry
Banana

LOTUS ENERGY

**-all natural plant based
energy with super fruits**

- ESPRESSO BAR -

Hot: 12oz, 16oz, 20oz

Iced or Blended: 16oz, 24oz, 32oz

updated prices in store

Shot in the Dark

Hot or Iced

Plain Latte

Hot, Iced or Blended

Dirty Chai

Hot, Iced or Blended

House Specialities:

Hot, Iced or Blended

Mocha(Milk Chocolate) / White Mocha(White Chocolate)

Irish Mocha Mint (Irish Cream, Peppermint, Chocolate)

Milky Way (Chocolate & Caramel)

Java Chip (Chocolate & Chocolate Chips)

Cinnamon Dolce (Vanilla & Dash of Cinnamon)

Moulin Rouge (Raspberry & Almond)

Hazelnut Cream (Hazelnut & Vanilla)

Snickerdoodle (White Chocolate, Caramel & Dash of

Cinnamon) Almond Joy (Almond, Milk Chocolate, & Coconut)

Chocolate Truffle (Hazelnut & Chocolate)

Grasshopper (Chocolate & Creme De Menthe)

Blackberry Crumble (Blackberry, Almond & White Chocolate)

Dublin Mudslide (Irish Cream & Creme De Cocoa)

Nutty Irish (Hazelnut & Irish Cream)

Domino (Milk Chocolate & White Chocolate)

Cauxican (Mexican Chocolate & White Chocolate)

ESPRESSO: other

SINGLE SHOTS

DOUBLE SHOTS

AMERICANO

CAPPUCCINO

MACCHIATO

FLAT WHITE

CORTADO

COLD BREW

MILK SUBSTITUTES

Almond / Soy
Oat / Coconut / Breve

CRAFTED USING ALL NATURAL INGREDIENTS INCLUDING THE LOTUS FLOWER, ADAPTOGENIC BOTANICALS, SUPERFRUITS, AMINO ACIDS, B-VITAMINS, NATURAL CAFFEINE AND NATURAL FLAVORS.



GLUTEN FREE, VEGAN, ORGANIC AND NO GMOS.

16OZ / 24OZ / 32OZ

80 MG CAFFEINE / 160 MG CAFFEINE / 200 MG CAFFEINE

ADD GLITTER: CHOICE OF MILK FLOAT *SKINNY LOTUS AVAILABLE

BLUE LOTUS*: (SUPERFRUITS OF WILD BERRY & AÇAÍ)

PURPLE DRAGON - DRAGON FRUIT, DESERT PEAR, BLUE LOTUS

LAVENDER'S BLUE - BLACKBERRY, VANILLA, LAVENDER, BLUE LOTUS

LOTUS PUNCH - POMEGRANATE, WHITE PEACH, STRAWBERRY, BLUE LOTUS

RED LOTUS: (SUPERFRUITS OF TART CHERRY, RED RASPBERRY & BLACK RASPBERRY)

TROPICAL TANGO - MANGO, LIME, STRAWBERRY, RED LOTUS

CHERRY POM BLISS - CHERRY, POMEGRANATE, RED LOTUS

RASPBERRY CRUSH - PINEAPPLE, RASPBERRY, RED LOTUS

PINK LOTUS*: (SUPERFRUITS OF TART CHERRY & RED RASPBERRY & GUAVA)

DESERT WAVE - WATERMELON, DESERT PEAR, COCONUT, PINK LOTUS

DRAGON BERRY - DRAGON FRUIT, STRAWBERRY, PINK LOTUS

FUCHSIA LOTUS - BLACKBERRY, WATERMELON, PINK LOTUS

PURPLE LOTUS*: (SUPERFRUITS OF ELDERBERRY & BLACK RASPBERRY)

BERRY BERRY - BLACKBERRY, RASPBERRY, PURPLE LOTUS

PEACH BRAMBLE - BLACKBERRY, PINEAPPLE, WHITE PEACH, PURPLE LOTUS

PURPLE PARADISE - DESERT PEAR, WHITE PEACH, COCONUT, PURPLE LOTUS

GOLD LOTUS: (SUPERFRUITS OF TART CHERRY & THE GRISHA FRUIT)

RAZZLEBERRY - RASPBERRY, STRAWBERRY, VANILLA, GOLD LOTUS

MANGO MELON - MANGO, WATERMELON, GOLD LOTUS

POMEGRANATE BOMB- POMEGRANATE, LIME , GOLD LOTUS

WHITE LOTUS: (NO SUPERFRUITS OR UNDERTONES)

GOLDEN SUNRISE - MANGO, PINEAPPLE, WHITE LOTUS

WATERMELON WAVE - WATERMELON, LIME, WHITE LOTUS

STRAWBERRY BREEZE - STRAWBERRY, COCONUT, WHITE LOTUS

PEARFECTLY PEACHY - DESERT PEAR, WHITE PEACH, WHITE LOTUS



TEAS

HOT OR ICED
MAKE IT A FOG

* FLAVORS CHANGE OFTEN

TEBELLA LOOSE LEAF TEAS WITH REAL INGREDIENTS (16OZ ONLY)

Blueberry Pomegranate

Premium Sencha Green tea, goji berries, lemon grass, pomegranate seeds, flavoring, and cornflower blossoms.

Florida Orange Blossom

Green tea, lemongrass, osthmanthus flowers, lemon myrtle, natural essential oils, lime and tangerine.

Maple Fig

Black tea, organic cinnamon and a rich maple flavor with a hint of spice.

Sunshine Grey

An unique take of an Earl Grey blend with real orange zest and vanilla. Amazing as a fog.

Ginger Pear (herbal tea)

Pear bits, papaya bits, ginger bits, pink peppercorn, flavoring and rose petals.

Blackberry Royale (herbal tea)

Papaya cubes (sugar dusting), hibiscus blossoms, currants, black currant, blueberries, elderberries, flavoring, freeze-dried strawberry and raspberry pieces.

STASH BAGGED TEA

Caffeine Free: Wild Raspberry Hibiscus, Lemon Ginger, Meyer Lemon, Mango Passionfruit, Peppermint

Black Tea: Chai Spice, English Breakfast, Peach, Earl Grey, Black Tea, Green Tea, Ginger Peach (green tea)

- BAGEL SANDWICHES -

Gluten Free Available / Cross contamination is possible

Turkey Bacon Avocado:

Turkey, bacon, avocado spread, provolone, mayo, mustard, tomatoes & cream cheese

Tuna Melt: Tuna fish, mayo, mustard, tomatoes, hot sauce, & cream cheese

Bacon Provolone: Bacon, provolone, mayo, mustard, tomatoes & cream cheese

Bacon Tomato: Bacon, tomatoes, mayo, mustard & cream cheese

Tomato Avocado (Vegetarian):

Tomatoes, avocado spread, mayo, mustard & cream cheese

- PANINIS ON SOURDOUGH -

Gluten Free Available / Cross contamination is possible

Italian: Ham, turkey, salami, provolone & honey mustard

Pesto Chicken: Chicken, mozzarella, tomatoes & pesto

Chicken Bacon Ranch: Chicken, bacon, cheddar cheese & ranch

PMT (Vegetarian): Pesto, mozzarella & tomatoes

Club: Turkey, bacon, mozzarella, tomatoes, pesto & mustard

Cuban: Turkey, ham, mozzarella, garlic mayo & pickles

3 Cheese: Mozzarella, cheddar cheese & provolone

Maple Bacon 3 Cheese: Mozzarella, cheddar cheese, provolone, bacon & real maple syrup

Make Your Own:

Choice of 1 meat and cheese, and/or pesto, mayo or mustard
May add tomatoes or avocado spread



**333 S 520 W LINDON, UTAH
801-854-5530**

-BREAKFAST SANDWICHES-

Gluten Free Available / Cross contamination is possible

Bacon, Egg & Cheese Bagel

Bacon, 2 eggs, cheddar cheese, cream cheese & mayo

Ham, Egg & Cheese Bagel

Ham, 2 eggs, cheddar cheese, cream cheese & mayo

Breakfast Bistro Panini

Bacon, 2 eggs, apples & cream cheese on sourdough

Croissant

Sausage, egg & American cheese

May add or substitute bacon for

Not available Gluten Free.

-FRITTATAS-

Italian egg dish made with beaten eggs and fillings

Homestyle

3 eggs, potatoes, bacon, tomatoes & cheddar cheese.

Served with a slice of sourdough toast.

Vegetarian

3 eggs, potatoes, onions, peppers & cheddar cheese. Served with a slice of sourdough toast.

-OTHER-

Bagels

Parmesan , Everything, Cinnamon Raisin, Blueberry, Plain (options may not always be available)

Add a cream cheese packet

Danishes

Cream Cheese, Cherry, Apple, Almond, Seasonal

Muffins

Blueberry, Almond Poppy, Chocolate, Seasonal

Gluten Free/Vegan Muffins

Flavors vary on availability

Baklava

Triangular Greek pastry

Katmer

Turkish "pancake" pastry. Served toasted.

Buzz Beans

Coffee by 1/2lb or 1lb

Chai by 1/2lb, 1lb, or bag

Elevated Grounds Merchandise



**GLUTEN FREE
AVAILABLE**

**CROSS
CONTAMINATION IS
POSSIBLE**